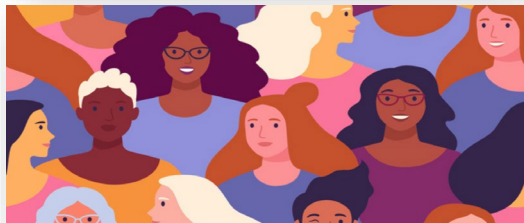


Join the IDHE Women & Allies Employee Resource Group (ERG) and Here is How to Get Involved!

Rock a Virtual Background!

You can use the attached International Women's Day images as virtual backgrounds in Zoom and WebEx



Take the Social Media Challenge! (3/8-3/15)

- For International Women's Day, Monday, March 8, strike the **Choose To Challenge** pose with your hand high to show your commitment to choose to challenge inequality, call out bias, question stereotypes, and help forge an inclusive world.
- Post your picture on social media (Instagram, Twitter, LinkedIn, Facebook) using **#StanfordMedicineWomen&Allies**, **#ChooseToChallenge**, and **#IWD2021**



Be Part of the Women's History Month Employee Celebration Video!

- Record a 10-15 second video clip with your name, department, and response to one of the following sentences:
 - "I will forge positive visibility of women by..."
 - "I will help forge women's equality by..."
 - "I will challenge gender stereotypes and bias by..."
- Send video to IDHE@stanfordhealthcare.org by **March 15**.

*****First 20 submissions will receive a special giveaway from the SHC gift shop*****

You can also post video on social media with hashtags above.

Check out IDHE's March Resources of the Month!

Explore curated **resources** to expand your knowledge on how to support women in the workplace, cultivate female leadership, and promote gender equality



[From Survive to Thrive: Women of Color in Corporate Leadership](#)

Listen in to Dr. DeRetta Cole Rhodes as she discusses how we can all better embrace and cultivate female leadership. Gain insights on how to promote gender equality through some of her personal stories and practical advice. This video is 10 minutes.



[Ten Ways We Can Support Women In The Workplace During A Crisis](#)

Learn how organizations can support women in the workplace through a number of actions, such as ensuring women are included in key decisions, addressing unconscious bias, involving men in the conversations, among others. This article is a 10-minute read.



[Lean In: Women, Work and the Will to Lead](#)

Sheryl Sandberg, founder of Lean In, shares her personal stories, research, and provides practical advice in effort to empower women to achieve their goals. Learn how you can change the conversation on what women can do and voice for equality!

Visit [SHC On-Line Gift Shop](#) for curated Women's History Month items!